

SEL

SOCIAL EMOTIONAL LEARNING

*“teaching people how to get along
with others in positive ways”*



INTENTIONAL COMPLIMENTS

"I see you're putting a lot of thought into those wavy lines!"

PURPOSE

Remember why you chose to be a mentor!



B.E.S.T

B---*Body Posture*

face your peer, be interested

E---*Eye Contact*

make eye contact when speaking with your peer

S---*Simple Instruction*

specific, short and sweet

T---*Tone of Voice*

calm, positive, and clear

