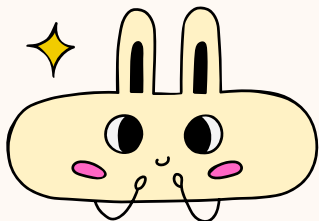


WHO ARE WE?

Ever found yourself wondering, "Who are those mysterious women at the back of at the back of my class?" Well, wonder no more - because we are those people and we would like to introduce ourselves!

We are students at Rutgers who are pursuing a degree in psychology/related field. Each of us are proud members of a research lab called the SECD Lab (Social Emotional Character Development) where we apply SEL (social emotional learning) to the community in various ways.



WHAT IS SEL?

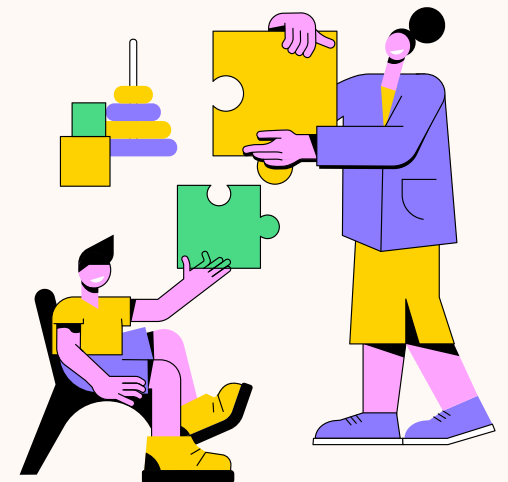


Social-Emotional Learning is about learning essential life skills like understanding emotions, managing behavior, and building positive relationships.

Think of it as a toolkit that helps you understand and manage your emotions, build strong relationships, and make responsible decisions.

WHY ARE WE HERE?

- ★ *We want to support you as peer mentors.*
- ★ *We are interested in SEL & want to share it with others!*
- ★ *We believe that with SEL you can make a positive impact on your mentees!*



MEET THE RA'S!



MIA: HELLO! I AM IN MY FOURTH YEAR AT RUTGERS STUDYING PSYCHOLOGY AND SPANISH. I HAVE BEEN WORKING WITH THE SECD LAB FOR TWO YEARS. AND AM SO EXCITED TO MEET YOU ALL! IN MY FREE TIME, I LOVE TO TRAVEL WITH FRIENDS!



ISABELLA: HI! I AM IN MY THIRD YEAR STUDYING PSYCHOLOGY. I'VE BEEN A PART OF THE SECD LAB FOR A LITTLE OVER A YEAR NOW AND I LOVE ALL OF THE WORK I DO! IN MY FREE TIME, I LOVE TO LISTEN TO MUSIC, GO ON HIKES, READ, AND DO MAKEUP.



JENNY: HELLO! I'M A GRADUATING SENIOR STUDYING PSYCHOLOGY AND COGNITIVE SCIENCE. DURING MY FREE TIME, I LIKE TO SPEND TIME WITH MY CAT, GO TO THE BEACH, AND MAKE POTTERY! I'M EXCITED TO BE A PART OF YOUR ART CLASS AND PEER MENTORSHIP



ANGELICA: HI! I'M IN MY THIRD YEAR STUDYING PSYCHOLOGY WITH MINORS IN EDUCATION AND COGNITIVE SCIENCE. I ENJOY PLAYING GUITAR, READING, AND TRYING NEW FOODS AND I HAVE THREE CATS AT HOME! I AM PASSIONATE ABOUT OUR WORK AT THE LAB AND I CAN'T WAIT TO SEE WHAT THE REST OF THE YEAR LOOKS LIKE!



VICTORIA: HI! I AM A SENIOR AT RUTGERS STUDYING PSYCHOLOGY WITH A MINOR IN HEALTH AND SOCIETY. AFTER OBSERVING IN THE CLASSROOM LAST YEAR, I REALLY ENJOYED WHAT WE HAVE DONE! AND I AM SO EXCITED TO MEET YOU ALL AND SPEND MORE TIME IN THE ART CLASSROOM! IN MY FREE TIME, I REALLY ENJOY DRAWING AND CRAFTING MY OWN COFFEE AND DRINKS!

