

## Dear Academy Members,

Happy International SEL Day! Today we are celebrating the third anniversary of SEL Day founded by SEL4US and the Urban Assembly. SEL Day highlights the positive impact of social-emotional learning on helping students and teachers thrive. Research shows that SEL can be transformative. Given the benefits of SEL, we encourage you to continue to promote SEL within your personal and professional networks. For more information, visit <a href="https://selday.org/">https://selday.org/</a> and sign up for <a href="https://selday.org/">SEL Day 2022</a> to help showcase SEL in our communities and spread awareness about why SEL is important both in education and beyond the classroom.

Lastly, we would love to share how our members SELebrated in our newsletter. If you have any photos, lesson plans, work pieces, blogposts, podcasts, etc. from SEL Day that you would be open to sharing with our Academy community, please send them to us at <a href="mailto:secdlab@gmail.com">secdlab@gmail.com</a>. The Academy appreciates your support and hopes you enjoy this year's SEL Day!

In a call to reflect on how we support students amidst the social isolation and upheaval caused by the pandemic, Ari Gerzon-Kessler poses <u>9 questions</u> to help educators reflect on how they care for their students.



**Mental Wellness Toolkit** 

The Mid-Atlantic Equity Consortium (MAEC) shares their toolkit, <u>Managing Mental Wellness: Tools for Yourself, Your Students and Your Classroom.</u> The toolkit provides a plethora of tools for teachers to manage their own mental wellness, as well as tools to support students' social and emotional well-being. While the toolkit is free, MAEC requires basic information in order to download the toolkit.

CASEL's resource, <u>Coordinating SEL Work with Community</u>

<u>Partners</u>, provides an excellent guide for how to collaborate with community partners to spread SEL outside of the school building. The resource provides a structure for every step in the process from inventorying potential community partners for SEL collaboration to helping community partners evaluate and refine SEL implementation.



## <u>Upcoming Webinars</u>

This week we have two webinars to share.

<u>Webinar #1:</u> Join CASEL as they present the second webinar in their 10-part leadership series focusing on academic integration within systemic SEL.

<u>Topic</u>: Demystifying Systemic Social and Emotional Learning: Academic Integration

<u>Date and Time:</u> March 18, 2022, 11:00 AM - 12:00 PM ET// 8:00 AM - 9:00 AM PT

<u>Registration Link:</u> <a href="https://casel.org/events/demystifying-systemic-social-and-emotional-learning-10-part-series/">https://casel.org/events/demystifying-systemic-social-and-emotional-learning-10-part-series/</a>

Webinar #2: In this webinar, superintendent and author, Dr. Joe Sanfelippo, discusses the value of identifying personal

leadership traits and how to leverage these traits to become a better leader for others.

**Topic:** Lead From Where You Are

<u>Date and Time:</u> March 22, 2022, 1:00 PM - 2:00 PM ET// 10:00 AM - 11:00 AM PT

## **Registration Link:**

https://uso2web.zoom.us/webinar/register/WN\_8xW9o8VdSoaHYUfemFEbCA#/registration







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