



**Dear Academy Members,**

**We want to welcome you into April with a new assortment of resources at your disposal. On an exciting note, we are including resources related to culturally-responsive practices moving forward, so please see below and check those out!**

**Now that we are in April, we are moving towards the end of the school year here in the United States—the final stretch. We want to congratulate you all on your continued hard work and grace throughout the year despite the incredibly tumultuous times we live in.**

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### **Culturally Responsive-Sustaining Education**

**NYU Metro Center’s Education Justice Research and Organizing Collaborative has created an extensive guide to culturally responsive education. The guide, [Transforming Our Schools: A Guide to Culturally Responsive-Sustaining Education](#), offers instruction on culturally-responsive learning practices.**

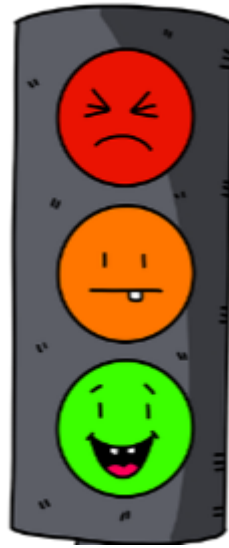
**From a basic history of culturally responsive education to evidence-based research and implementation within a school and community context, this guide is concise and chock-full of information for teachers looking to include culturally-responsive learning in their classrooms!**

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### **3 Ways to Boost Student Well-Being and Lower Stress**

**Joe Shim, a long-time educator, shares simple tips on how to increase student well-being on a daily basis in this [Edutopia Article](#). Shim offers many ways to address the well-being of students, such as linking specific days of the week to mental health strategies.**

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### Building a Better Check-In

A check-in is a wonderful way for teachers to understand how their students are feeling. This [Edutopia article](#) provides tips on how to improve classroom check-ins and strategies to develop inclusive, culturally-responsive check-ins.

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### Upcoming Webinars

#### Webinar #1: Demystifying Systemic Social and Emotional Learning

**Description:** From a ten-part series offered by CASEL, this webinar focuses on Youth Voice and Engagement in the realm of SEL. Elevating student voice and engaging students as young leaders and problem solvers is incredibly important, and this webinar addresses strategies and methods to do so.

**Topic: Youth Voice and Engagement**

**Date and Time: April 22, 2022, 11 AM ET/ 8 AM PT**

**Registration Link**

**Webinar #2: Mindfulness Meditation Series**

**Description: From PureEdge, a series of 20-minute mindfulness webinars are being held throughout the month of April, presented by Anne Contreras. We hope that you can use the webinars to take a moment for self-reflection in a relaxing way!**

**Date and Time: Tuesdays and Thursdays, April 12-21, 3pm ET/ 12 PM PT**

**Registration Link**



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Academy for Social-Emotional Learning in Schools · 2 Convent Road · Morristown, NJ 07960-6989 · USA



