

Dear Academy Members,

Happy New Year! We hope that you have had a nice start to the new year with your friends, families, students and school communities.

In this week's newsletter, we share resources to help students cope with uncertainty and grief. We also highlight resources focused on social justice, as well as activities to gear up for International SEL Day on Friday, March 11, 2022.



Supporting Students

The COVID-19 pandemic has led to upheaval, uncertainty and grief for many students, families, educators and school staff. Beth Pandolpho and Brittany R. Collins share suggestions for how to support students.

- 1. Edutopia's Beth Pandolpho provides strategies for how to engage and support students coping with uncertainty. Her suggestions include strengthening relationships with students and aligning classroom instruction with students' interests and identities.
- 2. In this <u>Education Week article</u>, Brittany R. Collins explains how grief and loss impact learning and shares ideas to support students impacted by grief.

Social Justice

Learning for Justice has created a list of resources on social and racial justice that centers Dr. Martin Luther King Jr.'s work, advocacy and legacy. The <u>resource list</u> includes lessons, podcasts, texts, articles and publications for educator professional development.

One resource from the list is the <u>Dr. King and the Movement</u> lesson plan, which invites students to read a quote by Dr. King about his push for a just and equitable world. The lesson guides students to reflect on Dr. King's call for equity and to consider their own beliefs about standing up against inequity.

International SEL Day

With International SEL Day less than two months away, Dr. Maurice J. Elias and Jennifer Ly share ideas for how to infuse SEL into the fabric of your school community in this NJEA article.

In addition, SEL4US shares a <u>toolkit</u> of SEL Day activities, such as hosting a contest for students to create SEL artifacts or reading an SEL related poem during morning announcements.

Happy SEL Day Planning!



Upcoming Webinars

Join Dr. Aaliyah A. Samuel, CASEL's new president, as she shares her thoughts about the state of SEL in 2022. The webinar will include a question and answer period with Dr. Samuel.

Topic: The State of Social and Emotional Learning in 2022

<u>Date and Time:</u> January 28, 12 - 1 PM EST// 9 - 10 AM PST

Registration Link: https://casel.org/events/the-state-of-social-and-

emotional-learning-in-2022/







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