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Greetings Academy members,

Subscribe

What a summer it has been! It is hard to believe that some of you are already back to school. As we prepare to jump back into another school year, whether it be in-person, hybrid, or completely virtual, it is important to remember to care for yourself. While there are a number of self-care options to turn to, we highly recommend you consider joining one of five Self-Care and SEL webinars hosted by PureEdge in collaboration with SEL4NJ.



Self-Care & SEL

This one-hour, interactive session integrates self-care and the social-emotional learning competencies of self-awareness and self-management for adults. The focus is on developing resilience through the practice of simple strategies. Below are the following Live sessions:

Monday, August 10 at 4 PM EDT (<u>Register</u>)

Tuesday, August 11 at 9 AM EDT (<u>Register</u>)

Wednesday, August 12 at 9 AM EDT (<u>Register</u>)

Friday, August 14 at 12 PM EDT (<u>Register</u>)

*Español – Thursday, August 13 at 12 PM EDT (<u>Register</u>)

Help wanted!

Although summer is typically a time for educators to re-group and re-charge, this summer is a little different for everyone. As we think about Fall 2020 and the start of the school year, we want to remind you that we have your back! That being said, we want to do our very best to meet your needs. Our Virtual Professional Learning Community (VPLC) is still active, but we are looking to build up our bank of VPLC experts and tools. We are asking for your help. If you could send us an issue, topic, or question for which you would most like consultation/support we would greatly appreciate it!

Not sure what to send? Use the following prompts/questions as a guide.

- The name of your favorite SEL/SECD-related web site we should make sure our VPLC knows about.
- The name of your favorite SEL/SECD book or article we should be sure our VPLC reads.
- The biggest challenge you have found in building SEL/SECD/School culture while working in a remote environment?

Emails can be sent to: SELvplc@gmail.com
OR
Complete this Google Form

<u>Preparing for the School Year</u>

Need something for the little ones?

Settle your kids and students in front of the computer to participate in Kidsbrige's FREE <u>interactive lessons</u> to practice SEL skills!

SEL-Based Leadership Lesson Plans

New Lesson Plan materials are now available on the SECD Lab website! We have compiled a selection of <u>SEL-Based Leadership</u> lesson plans based from our original MOSAIC teaching curriculum. These lesson plans are unique to encouraging the growth and empowerment of student leadership from grades 5-8 and contain a variety of activities that are applicable to the remote climate!

<u>Upcoming Events:</u>

SEL & Play: It's More Than Fun and Games
Fri, Aug 14, 2020 1:00 PM - 2:00 PM EDT

Return to School During COVID 19: Helping Children and Families

Manage Stress and Build Resilience

Fri, Aug 21, 2020 1:00 PM - 2:00 PM EDT

Child Protection and Bullying Prevention: Training Staff to

<u>Recognize, Respond and Report</u> **Monday, August 24, 2020 2:00PM - 3:00PM EDT**



