## We Must Create Schools of Social-Emotional Competence and Character

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<u>Month</u>	Theme	<u>Values</u>	<u>Practices</u>	Targeted Report Card Skills
September	Why are we here, what are we trying to accomplish?	Diligence     Future-mindedness	Goal setting     Recognizing strengths and weaknesses and impact on classroom and society     Self-awareness/self-evaluation	Shows emotional regulation and focus (#2)     Recognizes and respects the feelings and perspectives of others (#3)     Independent decision making (#6)
October	Leadership, respect, anti-bullying	Respect     Leadership	Perspective taking     Respecting adults     Respecting others who are different     Appropriate communication	Recognizes and respects the feelings and perspectives of others (#3)     Establishes and maintains cooperative relationships (#4)     Constructively resolves interpersonal conflict (#5)     Problem solving in groups (#7)
November	Thankfulness and Generosity	• Gratitude • Generosity	Recognizing and being thankful for small and big things     Giving to others around you     Perspective taking	Shows emotional awareness (#1)     Recognizes and respects the feelings and perspectives of others (#3)     Establishes and maintains cooperative relationships (#4)
December	Giving Back	Community Service	Interacting with others who are different     Getting involved     Overcoming anger	Shows emotional awareness (#1)     Shows emotional regulation and focus (#2)     Recognizes and respects the feelings and perspectives of others (#3)     Establishes and maintains cooperative relationships (#4)     Problem solving in groups (#7)
January	Values	<ul><li>Priorities</li><li>Perseverance</li><li>Virtues</li></ul>	Identifying values     Self-control     Displaying high moral standards	Shows emotional awareness (#1)     Shows emotional regulation and focus ( #2)     Independent decision making (#6)
February	Building Healthy Relationships	Friendship     Positive relationships	Building friendships     Conflict resolution     Appropriate communication	Shows emotional awareness (#1) Shows emotional regulation and focus (#2) Recognizes and respects the feelings and perspectives of others (#3) Establishes and maintains cooperative relationships (#4) Resolves interpersonal conflict (#5)
March	Positive Motivation	Positive thinking	<ul> <li>Self-calming and regulation</li> <li>Complimenting others</li> </ul>	Shows emotional awareness (#1)     Shows emotional regulation and focus (#2)     Recognizes and respects the feelings and perspectives of others (#3)     Establishes and maintains cooperative relationships (#4)
April	Staying True to Yourself	Steadfastness	Saying no/resisting peer pressure     Providing evidence for your position	Resolves interpersonal conflict (#5)     Independent decision making (#6)
May	Looking Ahead	Future-mindedness	Recognizing options for the future     Setting goals     Taking steps to maximize success	Shows emotional awareness (#1)     Shows emotional regulation and focus (#2)     Independent decision making (#6)
June	Looking Back and Ahead	Self-reflection	Self-reflection and self-evaluation     Recognizing likes and dislikes	Shows emotional awareness (#1)     Independent decision making (#6)

Crosswalk of NB Report Card SEL Skills and LCCA Themes, Values, and Practices

# Giving Back

Encourage giving back by helping one another in every subject area & class at NBMS.

#### **GIVING BACK MEANS:**

•Helping people who have helped you be successful this year.

#### IN COURSEWORK,

- •Reflect on ways that groups of people in **history** have helped others, or live in cultures that value communities supporting each other's' needs.
- •Consider how giving to others could alleviate some of the issues seen in **current events** internationally.
- •Look for examples of giving back in **reading** assignments and reflect on how it impacts a person's relationships.
- •Help classmates who are having difficulty with a challenging problem in school (or in life)!

Add something for your own subject area:

- •
- lacktriangle

#### Student Study Skills/Character Improvement Plan

Date:	Student	t:	
Study Skill/Cha	aracter Virtue You Plan to I	mprove:	
1			
2			
3			
What Will You	Do To Try To Improve:		
1			
2			-
3			
How Well Did	Your Plan Go? (circle the b	est answer)	
1. Very Well	OK but Still More to Go	Not Well	
2. Very Well	OK but Still More to Go	Not Well	
3. Very Well	OK but Still More to Go	Not Well	
_	nning sheet and list your neall of your current goals and	xt set of goals. You can choose all new goals, keep work to improve them.	some and add
Your Signature	:	Your Study Partner's Signature:	
Group Leader's	s Signature:		

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### **Emotionally Intelligent Parenting**

By Maurice Elias, Steve Tobias, and Brian Friedlander

- Have A Family Mission Statement/ Vision
- Listen to Your Feelings
- Emphasize Your Kids' Strengths
- Apologize When You Lose Your Cool
- Children Follow What You Do Even More Than What You Say, But They Do Listen!
- Make Your Home an Oasis Against Stress
- The 24 Karat Golden Rule: Do Unto Your Children as You Would Have Others Do Unto Your Children

Available in bookstores, at Amazon.com, and in Spanish, via Kindle.

#### The Other Side of the Report Card

#### Assessing Students' Social, Emotional, and Character Development





Maurice J. Elias Rutgers, The State University of New Jersey

Collaborative for Academic, Social, and Emotional

Learning (CASEL)

Joseph J. Ferrito Graduate School of Applied and Professional

Psychology, Rutgers University, Social-Emotional

Learning (SEL) Lab

Dominic C. Moceri University of Florida, Gainesville (Student)

Rutgers, The State University of New Jersey (Student)

Paperback 12-28-2015 ISBN: 9781483386676 \$34.95

Foreword by Timothy Shriver and Mark Greenberg

#### To better serve the whole child, look at the whole report card.

Students are more than their academic grades—you know it and their parents know it. The progress they make in socialemotional learning and character development is essential to their success in school and in life. But while educators have made great strides in improving grading for academic achievement, we've left too many teachers still guessing when it comes to outdated behavior ratings and comment sections.

That's where this book comes in. Grounded in research and in the author's work with teachers and administrators, it offers guidance on retooling report cards to better reflect the whole child, integrating SEL and CD into any school- or district-wide grading system. Resources include

- · Guided exercises for analyzing existing report cards
- ·Samples and suggested report card designs
- •Tips on improving communication with parents
- ·Case studies highlighting common challenges
- ·Testimonials from teachers and students

"When you take report cards to the next level, you make sure that communication reflects all of the important characteristics of success—and ensure that students develop the skills they need for the future. This book brilliantly illuminates the key role played by social-emotional learning in each student's development and it challenges the tradition of relegating the SEL/EQ observations to the back of the report card. If we want to develop better communities, this book shows the way."

Dr. Neil MacNeill PhD, EdD - Head Master Ellenbrook Indpendent Primary School

"The ultimate goal of misbehavior is attention. When children don't get the attention they need through the proper behavior, they will get it any way they can. Children want to be loved and cared about. SEL will help them to learn the proper ways to get attention. It will also help teachers better understand the misbehaviors and redirect students toward positive behavior."

Pamela L. Opel - Teacher, Intervention Specialist Gulfport School District

For more information about this book, please visit: <a href="www.corwin.com/books/Book245000">www.corwin.com/books/Book245000</a> For volume discounts, contact your sales manager at 800-831-6640.

#### The Other Side of the Report Card

Assessing Students' Social, Emotional, and Character Development

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**Development Programming in Schools** 

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Online Supplement- SEL Skill Trajectory Grades 1-12

Resources





#### Build Your Skills in Student Behavior and Achievement!!

See the Upcoming Schedule and Register Now at sel.rutgers.edu

Every professional working in schools should possess all the skills and attitudes needed to promote the social-emotional and character development of all children-- all meaning all-- in those schools, and should be prepared to make positive, constructive contributions to school climate and adult communities of learners in schools.

Every child needs competencies for success beyond the test score—skills for the tests of life, a life of college, career, contribution, and caring. How do we strengthen these competencies, basic skills, increase higher-order thinking, and warn about the dangers of substance abuse and violence, all while promoting appreciation and respect for diversity?

In response to these challenges, the Academy for Social-Emotional Learning in Schools is now offering its **Certificate in Instruction for Social-Emotional Learning and Character Development (SECD)**. The certificate program prepares educational professionals to help prepare their students for college, career, and life success, and to prepare for the tests of life, as well as their required tests. In so doing, educators help their schools become more positive places for children to learn, adults to teach, and all to thrive.

#### **Program Participants Include:**

- √ Current or aspiring teachers,
- √ Counselors, school psychologists, social workers
- √ After-school program providers

#### **Program Highlights**

- ✓ Online, convenient, affordable program with focus on applicable skills
- ✓ <u>Three courses</u>: Foundations of SECD (101), Pedagogy and Practice (102) and an online Supervised Implementation Practicum (103)
- ✓ Can be completed in one academic year or calendar year
- √ Adds value to your qualifications as an education professional

"The real core of education is the relationship between the teacher and the student, and the extent to which that relationship nurtures the longing of the child to matter in the world... To the extent to which we strengthen SEL (social-emotional learning), we increase the likelihood that students will learn to the best of their ability."

Tim Shriver (Chairman, International Special Olympics and CASEL) and Jennifer Buffett (Co-President, NoVo Foundation)

"Teaching the mind and encouraging the heart for success beyond the test score."

Contact us with questions at sel-certification-group@scarletmail.rutgers.edu

## Online Credential for Those with Experience in SEL and Character Development!

Check the Schedule and Reserve a Space Now at sel.rutgers.edu



This is a special certificate program for educators who have experience implementing social-emotional learning, character education, social skills, and related prevention and youth development program in schools or in after-school settings. The Academy for Social-Emotional Learning in Schools is now offering its Certificate in Instruction for Social-Emotional Learning and Character Development (SECD) in an accelerated format.

The certificate program updates participants on the latest in SECD theory, research, pedagogy, and practice, confers a credential that formally acknowledges your competencies, and connects you to a virtual Professional Learning Community for ongoing support and professional development.

Be a leader among educational professionals dedicated to helping prepare students for college, career, and community success, and for the tests of life, as well as their required tests.

#### **Program Highlights**

- ✓ Online, convenient program with focus on applicable skills
- √ Affordable tuition for a two-course program, including supervised practicum.
- ✓ Designed specifically for teachers, counselors, school psychologists, social workers, and afterschool program providers experienced in SECD

#### Courses Schedule

- ✓ SEL 201 Foundations of SECD, Pedagogy, and Practice in SECD
- ✓ SEL 202 Accelerated Practicum in Direct SECD Implementation

"The real core of education is the relationship between the teacher and the student, and the extent to which that relationship nurtures the longing of the child to matter in the world, and the longing of the teachers to nurture and fulfill that desire. To the extent to which we strengthen SEL (social-emotional learning), we increase the likelihood that students will learn to the best of their ability."

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Visit sel.rutgers.edu for detailed information and registration links.

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The Academy is a collaboration of Rutgers University and the College of Saint Elizabeth