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**RUTGERS**  
SECD Lab



## The STAT Bulletin:

Teaching Strategies for SEL, Civic Character, and Democracy within  
Subject Areas and for Youth Engagement in School and Community

March 10th is SEL Day! This year's theme is Uplifting Hearts, Connecting Minds. Below you will find resources to help cultivate this SEL-based theme in your classrooms and communities.

"No matter what your role is in a school, there is a place for you to join the celebration of SEL."

*As always, take good care.*

- The STAT Team

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### Uplifting Hearts, Connecting Minds

March 10th is International SEL Day, an annual celebration that promotes social-emotional and character development in our schools and communities. SEL stands for "social-emotional learning." The theme this year is Uplifting Hearts, Connecting Minds. Since the inception of SEL Day, no state in the U.S. has done a better job than New Jersey in learning through various showcases of efforts in cultivating SEL in their community and schools.

[Read more about this year's theme here »](#)



## STAT Lesson Plans

These exemplar lessons are in our STAT book, but we provide them here because you are a subscriber to the STAT Bulletin. Each lesson coaches a teacher through the content of the instructional strategy emphasized in that lesson, to bring it to life in the classroom. You will get guidance for implementation, adaptation of the lesson to your particular group of students' needs, and tips so that you can lead the lesson with relative ease.

You can access all of the materials on the website [here](#).



### **Yes-No-Maybe: The Police & Body Cameras**

In this lesson, students will learn how to take a stance by answering “yes”, “no” or “maybe” to a statement about requiring all police to wear body cameras and explain their stance on this



### **PLAN: Disparities in Healthcare Access**

Students will engage in a social problem-solving strategy, PLAN, in which they will think about multiple sides of a public problem, in

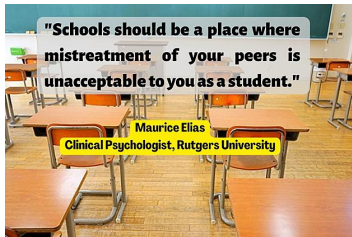
develop the fundamental habits for respectful listening, engaged dialogue, and peer opinion sharing, which are the foundations of democratic action.

[Access the lesson here »](#)

this problem in their community to address social inequities. This strategy will help students develop the skills for effective citizenship, practice civic engagement skills, and how to organize social action in their communities.

[Access the lesson here »](#)

## In the World of SEL



### NJ Schools Should Implement These Simple Practices to Stop Bullying

The recent passing of Central Regional High School freshman Adriana Kuch following a brutal assault by four girls in a hallway has brought the discussion of bullying in schools back to the forefront. Rutgers University clinical psychologist Maurice Elias explains that preventing bullying starts with schools establishing the norm of kindness, caring, and how we treat each other.

[Read more here »](#)



### Join Us For an SEL4NJ Summit on SEL Day!

SEL4NJ and its partner organizations will be presenting a special SEL Day Summit on March 10, 2023 from 11 am to 4 pm Eastern time. The event will be hosted online and will feature six presentations about the benefits of social-emotional and character development in schools and in life. Sample topics will include the new NJ School Climate Improvement Platform, a panel discussion with grantees from our New York Jets scholarship program, SEL and the Arts, shaping a positive school environment with SECD, SEL in everyday curriculum and instruction, and providing

2:30pm EST for his session on *How To Add SEL "IN" and not "ON" to Everyday Curriculum and Instruction*.

[Register here »](#)

# #SELday

## Taking Stock and Facing the Future: A Discussion on the State of SEL

Join David Adams, CEO of Urban Assembly and SEL Day co-chair in conversation with SEL-field co-founder and Rutgers University Professor of Psychology, Dr. Maurice Elias, and CASEL's CEO, Dr. Aaliyah Samuel. We don't know where we're going if we don't know where we've been and this discussion will reflect on the exponential uptake of SEL over the last few decades, the current state of the field, and what comes next. Our speakers will discuss timely field priorities such as supporting SEL implementation quality; paths to developing state-wide support; effectively advocating for SEL; and building bridges of understanding across lines of disagreement and difference to continue to expand the diverse national coalition of SEL allies.

[Register for SEL Day to Get Access to the Summit »](#)

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## STAT Resources



### Become Certified in STAT!

Students Taking Action Together is a 2-course online program that presents the five instructional strategies that are part of the Students Taking Action Together (STAT) social action pedagogy. STAT-301 and STAT-302 are organized around 10 units within each course, to be completed sequentially.

[Register for the Spring 2023 semester here »](#)



### REGISTER NOW: SEL Academy Presents 2 New SEL Online Programs

integrate into your middle and/or high school setting? Then look no further; *Students Taking Action Together* is the program for you!

Are you a teacher, counselor, or after school provider searching for an effective SEL intervention program to incorporate into your school setting to support students who need assistance in demonstrating various social-emotional skills? Then the *SEL Lab* is the program for you!

[Register for the programs here »](#)



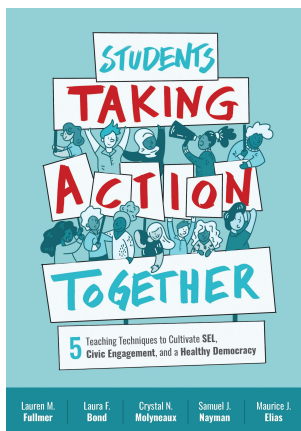
## Know someone that might be interested in joining our mailing list?

Share this [link](#) to sign up for the Students Taking Action Together (STAT) Bulletin: a monthly resource of teaching strategies for those who are promoting SEL, civic character, democratic participation, youth voice and engagement, and respectful, empathic dialogue and problem-solving through all specific school subject areas. Learn how to add STAT instructional strategies in, and not "on," what you already are doing and show students how to apply them to ongoing school and community issues.

[Sign-up and read past bulletins here »](#)

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## The Newest STAT Book is Out!



[Students Taking Action Together: 5 Teaching Techniques to Cultivate SEL, Civic Engagement, and a Healthy Democracy](#)

A new book containing the teaching strategies of STAT (Students Taking Action Together) is now available to order from ASCD!

Are you ready to help students understand complex content, confront pressing social issues, and engage with the structures of power to advocate for change? This book is for you.

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## We Need Your Feedback!

**Let us know how satisfied you are with the bulletin and the content we are sharing with you.**

This [survey](#) should take you less than 10 minutes to complete and all responses will be recorded anonymously so feel free to provide honest feedback. Your responses will only help us to improve the STAT Bulletin and the information we hope to continue to share.

**Take the Survey Here!**

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