



Dear Academy Members,

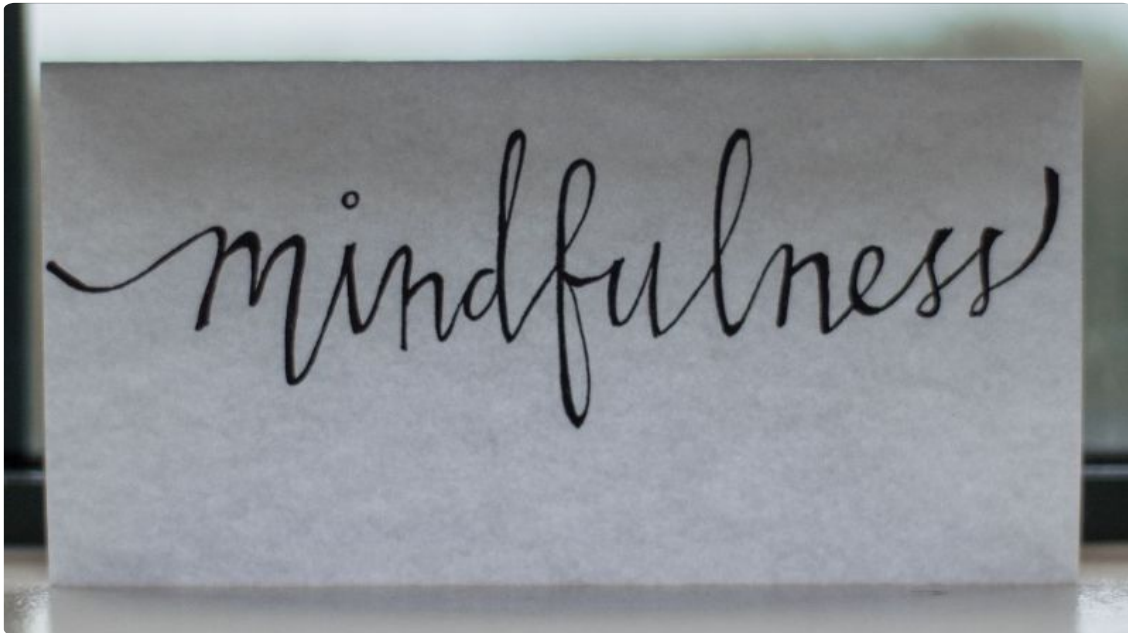
International SEL Day is fast approaching on Friday, March 11, 2022! SEL Day serves as a celebration of all things SEL and an opportunity to get students, colleagues, administrators, families, community members and policy members involved in SEL. The [International SEL Day website](#) offers SEL Day Toolkits, Badges and virtual SEL Day Events. We hope that you, your school and your community are able to participate in this world-wide effort to spread SEL!

In addition, if you are social media savvy, you can share your SEL Day activities using #SELday. For more SEL Day news, follow the [SEL4US Twitter](#).

Preparing for Changes to Mask Mandates

Here in New Jersey, the school mask mandate will be lifted on March 7th. In preparation for this change, The School Culture and Climate Initiative has created a [tipsheet](#) to help educators

build a "culture of compassion and kindness that will help ALL through this latest transition."



8 Activities for Students (and Teachers) to Create a Mindful Classroom

Dr. Maurice J. Elias shares eight ways to incorporate mindfulness practices into your classroom. With the help of these [mindfulness strategies](#), students and educators can regain their awareness of the present and take a moment to reflect on themselves.

Learning Gains

While the pandemic has resulted in its fair share of setbacks, within education especially, it is important to look at the glass half full. Instead of focusing on the negatives, let's reframe our perspective to see the good in the bad. This [article](#) by James Kobbs reflects on all the ways students have grown during the pandemic, including how virtual learning has given them the chance to develop soft skills.

3 Ways to Enhance Culturally Responsive Teaching

This [short read](#) by Julia Benedith showcases 3 ways that teachers can incorporate Culturally Responsive Teaching into their curriculum. The article emphasizes the importance of taking students' cultural experiences into account in the classroom, in a way that can focus on real-world social and political climate and put their learning into a personal context.



Upcoming Webinars

In this SEL Day webinar, Committee for Children and SELinEDU share strategies to advocate for SEL on the local, state and national level and help participants to identify an action they can take to promote SEL in their communities.

Topic: SELDay Social-Emotional Learning Advocacy Workshop

Date and Time: March 11, 2022, 12:00 PM ET//9:00 AM PT

[Registration Link](#)



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Academy for Social-Emotional Learning in Schools · 2 Convent Road · Morristown, NJ 07960-6989 · USA

