



Dear Academy Members,

This month at the Academy for SEL, we are celebrating Black History Month. While Black History Month serves as a reminder to celebrate the history of Black people, we are continually striving to promote SEL and Character Development that is culturally responsive, anti-racist and inclusive of the diverse ethnic and racial identities of our students, educators and families year round. It's our belief at the Academy for SEL that Black history is global history and American history, which necessitates that we integrate the history, accomplishments, artistry, struggles and determination of Black people into our curriculums and daily classroom teaching.

In this spirit, we will continue to share resources that highlight a diversity of cultural, ethnic and racial identities beyond the limits of commemorative months, so that our members can holistically integrate these resources into their curriculums. In addition, we would love to highlight how our Academy members are using SECD to celebrate and teach about the diverse identities of their students, families and communities in the

newsletter. If you have a strategy, activity or resource that you would like us to share, please email us at secdlab@gmail.com.



Black History Resources

Learning for Justice’s Coshandra Dillard shares insights on how the history of Black people has traditionally been taught in schools and how to teach a more “balanced and humanizing account” of Black people throughout history in her article, [“Black History Month: Teaching the Complete History”](#).

In addition, in this Edutopia article, Matt Davis compiled [6 teaching tools](#) to thoughtfully and holistically teach Black history to students.

Engaging Students

In supporting students who may have trouble navigating the difficult emotions brought on by COVID-19, it may be helpful to

focus on ways to increase student engagement. Dr. Lorea Martinez's recent [newsletter](#) suggests strategies to engage students in a more effective way while positively building stronger student-teacher relationships.

Teaching Current Events

For those looking to include resources in relation to current events, Facing History & Ourselves shares strategies on their [website](#) to teach Democracy and Civic Engagement. Featuring a variety of resources, students can learn the importance of their own civic participation in relation to what's happening in our world.



Upcoming Webinars

We are excited to share two webinars this week.

Webinar #1 Topic: Neuroscience of Stress and Reciprocity of Care

Description: Pure Edge presents a webinar on the neuroscience of stress and the science behind stress reduction strategies, including deep breathing, movement and rest.

Date and Time: March 14, 2022, 10 - 11 AM ET// 7 - 8 AM PT

[Registration Link](#)

Webinar #2 Topic: SEL Resource Showcase 2022 - Riding the Wave: SEL Innovations in the COVID Era

Description: SEL4US presents a digital convention on all things SEL. With emphasis on interactive digital approaches to SEL, creating equitable and inclusive classrooms, and much more. Learn from experts in the field, as well as from other colleagues working towards an innovative SEL approach.

Date and Time: February 16, 2022, 11:30 AM-5:30PM ET//8:30 AM-2:30PM PT

[Registration Link](#)



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