



# #SELDday

## Spotlight on Nova Biro and International SEL Day

In preparation for International SEL Day, we are featuring Nova Biro! Nova has worked in the field of SEL for 13 years and is currently a co-director of Open Circle at Wellesley College. For the past few years, she has been working with a number of different organizations and educational technology companies focusing on SEL, one of which is SEL4US; a project that is focused on promoting and advocating grassroots SEL across the country.

SEL4US and Urban Assembly collaborated to create International SEL Day, which Nova describes as an opportunity for people across the globe to come together and celebrate the importance of SEL. She invites people to get involved by promoting, advocating, and supporting SEL in their communities, as well as on social media—culminating on International SEL Day, March 26th.

This year’s theme for SEL Day is “Building Bonds, Reimagining Community.” Nova says that the organizers chose this theme in the wake of the global pandemic and recent events surrounding racial injustice. Instead of the divisiveness presented by our world’s current social climate, they wanted International SEL Day to give people an opportunity to come together in strengthening relationships and community despite social distancing and remote situations.

Educators can influence their students and schools to get involved in International SEL Day through toolkits that demonstrate different ways to promote, advocate for, and support SEL in their schools, organizations, and communities. Nova suggests these toolkits as they provide guides; for example, the Showcase SEL toolkit teaches how to write a blogpost, make a video or a podcast, or even write a letter to the editor of a publication in relation to SEL.

These toolkits can be accessed at <https://selday.org/toolkits/>. Nova also would like everyone to spread the word about International SEL Day through sharing and re-sharing on social media and using the hashtag, #SELDday!

An exciting new component of International SEL Day are Badges, which will be awarded to organizations in completion of activities that showcase, promote, advocate for, and support SEL. Folks will be able to highlight the great work they are doing in their communities and let others know about this work. Individuals and organizations will be able to sign up and showcase their badges on the leaderboard at <https://selday.org/badges/>.

To close, Nova recommends attending two key events being held on International SEL Day. Details for these events are in the upcoming events section:

### The Graduate Profile: Imagine the Possibilities on #SELDday

Date: March 26, 2021 from 1:00 pm – 2:00 pm ET

### Congressional Briefing: SEL Policy to Foster Connection after Trauma

Date: March 26, 2021 from 12:00 pm – 1:00 pm ET

**Womens History Month**

**Celebrating Women's History Month**

In honor of Women's History Month, we are highlighting Aperture Education's wonderful resource "[3 Lessons That Teach Students Women's History](#)".

The article author, Emily Doer, writes, *“when students feel empathetic connections with influential figures in history, this can deepen their engagement and understanding of core subject material in areas such as Language Arts, History, and Social Studies. At the same time, learning about the struggles of women – and how they rose above these obstacles – can be a powerful way to teach and reinforce SEL.”*

## Upcoming Events

In celebration of International SEL Day, we are sharing 3 webinars all streaming on March 26th!

**SEL Policy to Foster Connection after Trauma**

March 26, 12:00 p.m. ET  
Watch the Congressional Briefing live

**Topic:** SEL Policy to Foster Connection after Trauma  
**Description:** Watch this congressional briefing in which, “students, members of Congress, and experts in child development will discuss the importance of social emotional learning (SEL) concepts and how they can be advanced through federal policy.”

**Date and Time:** March 26, 2021, 12:00 - 1:00 PM EST/ 9:00 - 10:00 AM PST

**Register:** [https://cfchildren.zoom.us/webinar/register/WN\\_mPK4rQAZQp2Yii2-kksnRw](https://cfchildren.zoom.us/webinar/register/WN_mPK4rQAZQp2Yii2-kksnRw)

**Topic:** The Graduate Profile: Imagine the Possibilities on SEL Day

**Description:** This webinar brought to you by CASEL in collaboration with SEL4US and The Urban Assembly focuses on how educators can create a "Graduate Profile" of the social, emotional and academic skills they want all of their students to learn.

**Date and Time:** March 26, 2021, 1:00 – 2:00 PM EST/ 10:00 - 11:00 AM PST

**Register:** <https://register.gotowebinar.com/register/3466209720128769039?source=web>

**Topic:** Celebrating International SEL Day! "Small" Talk with Rural School Leaders

**Description:** Join Second Step, brought to you by Committee for Children, for a webinar focused on how rural communities implement SEL.

**Date and Time:** March 26, 2021, 2:00 - 3:00 PM EST/ 11:00 AM - 12:00 PM PST

**Register:** [http://go.cfchildren.org/WBN-2021-03-26SELDday\\_LP-Registration-Page.html](http://go.cfchildren.org/WBN-2021-03-26SELDday_LP-Registration-Page.html)

## Virtual Professional Learning Community

Our Virtual Professional Learning Community (VPLC) is always looking for new topics or areas of interest. If you could send us an issue, topic, or question for which you would most like consultation/support we would greatly appreciate it!

Emails can be sent to: [SELvplc@gmail.com](mailto:SELvplc@gmail.com)

OR

Complete this [Google Form](#)



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