



Greetings Academy members,

We hope you all found the time to celebrate the warm weather on Memorial Day weekend! While some may see Memorial Day as an opportunity to soak up some rays at the beach, many of us know it to be a day of remembrance for the men and women within the military who have risked everything in battle, in order to secure our freedoms to lead prosperous lives - ie. a chance to work in safe conditions and the possibility to achieve a high standard of living.

Currently, we are in the midst of new kind of battle - one against an unprecedented pandemic. The brave souls on the battlelines may not be wearing a military uniform, but like members of the military, they are also putting their lives in jeopardy to provide us with security, safety, and sustainability. Prior to the outbreak, essential workers helped sustain our livelihood in the background, but ever since COVID-19 has plagued our everyday lives, it has called attention to how dependent we are on the services that they provide us - whether it's those who heal us when we're sick, delivering our food delivery or mail, or caring for our elderly family members. In addition to honoring those who have died while serving our military, we should also remember to show our appreciation to the essential workers who risk their health and safety so we can retain our own.



We have compiled a list of SECD related resources that you can apply towards your work, relationships, and demonstrations of gratitude for essential workers. We hope you find these resources helpful and enjoyable as the coming month of June ushers in the summer fun and heat!

Kidsbridge at Home



KIDSBRIDGE
Programs for Bullying Prevention, Social-Emotional Skills, and Diversity Education.
Either at the Center or mobile to your school!



Kidsbridge Tolerance Center, a non-profit organization based in New Jersey, recently started [Kidsbridge at Home](#), a website which provides free resources full of exciting new activities that get the whole family moving, playing, singing, creating and learning. Enjoy the GIFs, videos, games and artwork as you create deeper relationships with your family while building your social emotional skills. Kidsbridge has already produced [nine weeks of lessons!](#)

GiveThx Resource Guide

Here is another resource guide from GiveThx, for [teachers and educators to practice gratitude with students at home](#). Now, more than ever, it is important that we practice gratitude as an essential life skill!

Oldies, but goodies!

Here are a couple links to resources that we have already shared, but are continuously being updated with new content! Check out:

- [SEL at home from Birth through High School](#) from Aperture Education and the Devereux Center for Resilient Children (DCRC)
- [SEL and Mental Health Resources for COVID-19](#) from SEL4US
- [SEL Resources During COVID-19](#) from CASEL

Reminder: SEL Virtual Learning Community

Just a reminder for all active students and alumni: your Academy support network extends beyond the classroom! Don't forget that your cohort, instructors, and our panel of experts (SELvplc@gmail.com) are available to support you and your SECD goals!

Upcoming Events:

The CASEL Cares webinar series is still going on!

[CASEL CARES: The Impact of Trauma on Child Development and Strategies to Support Children and Families During the Pandemic](#)

June 5th at 1pm

