

April 2018

*Appreciating Ourselves, Our School, and
the World*



YEAR 1

APRIL THEME

Connecting with Others and Being a Leader

APRIL VIRTUE & SKILLS

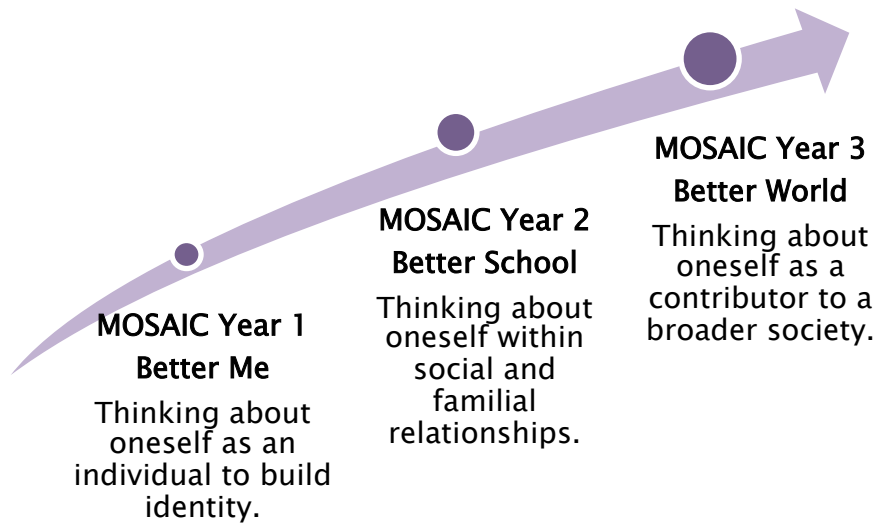
Virtue:

Compassionate Forgiveness

Skills:

Emotion Regulation & Empathy

MOSAIC BY YEAR



MOSAIC Virtues & Skills

Positive Purpose

Supporting Virtues

- 1) Constructive Creativity
- 2) Helpful Generosity
- 3) Optimistic Future-Mindedness
- 4) Responsible Diligence
- 5) Compassionate Forgiveness and Gratitude

Supporting Skills

- 1) Emotional Regulation
- 2) Communication
- 3) Empathy
- 4) Social Problem Solving

MOSAIC VIRTUES & SKILLS BY MONTH

MONTH	THEME	VIRTUE	SKILLS
September	<i>Why are we here: Finding Our Positive Purpose</i>	Introduction to Positive Purpose	Communication & Social Problem Solving
October	<i>What Kind of Person Do I Want to Be?</i>	Virtue Identification	Skill Identification
November	<i>Making Ourselves, School, and World Better</i>	Constructive Creativity	Communication & Social Problem Solving
December	<i>Giving Back to Ourselves, School, and World</i>	Helpful Generosity	Communication & Social Problem Solving
January	<i>Planning for the Future</i>	Optimistic Future-Mindedness	Empathy & Social Problem Solving
February	<i>Showing Resilience and Overcoming Obstacles</i>	Responsible Diligence	Emotion Regulation & Social Problem Solving
March	<i>Appreciating Ourselves, Our School, and the World</i>	Compassionate Gratitude	Communication & Empathy
April	<i>Connecting with Others and Being a Leader</i>	Compassionate Forgiveness	Emotion Regulation & Empathy
May	<i>Looking Forward: Next Steps on the Journey</i>	Positive Purpose	Communication & Social Problem Solving
June	<i>Looking Back: What Have I Accomplished? What Have I Learned?</i>	All Virtues Summary	All Skills Integrated

DAY 3: Yes–No–Maybe

STEP 1. Introduce Yes–No–Maybe (1-2 min)

- Assign “yes,” “no,” and “maybe” to three different sections of the room.
 - *Tip: Create Yes-No-Maybe signs, or have students make, and tape them to sections of the room*
- Tell students, **“I will ask you some questions. For each question, you can answer yes, no, or maybe. You should stand in the section of the room that represents your response. There are no right or wrong answers to these questions.”** Try to get to at least two questions.
- Once students have picked their section, say, **“Please discuss within your group why you chose this response.”**
- Next, ask students, **“Please pick one person from your section to summarize your group’s discussion and share with the class.”**
- Part of what we want students to learn is about respectful disagreement.

STEP 2. Play the “Yes–No–Maybe” Game (7-8 min)

- Read any of the statements below, or create your own to be as relatable to the group as possible:
 - *Yes-No- Maybe Questions*
 - **It is important to be forgiving in order to connect with others.**
 - **I feel that I am able to understand the needs of others and the feelings they experience.**
 - **If someone is truly sorry and asks for forgiveness, I will forgive them no matter what they have done.**
 - **It is impossible to have a good relationship with others without forgiving them for everything they have done wrong.**

- How I feel about someone depends more on their past actions than their present actions.
- Forgiveness is an important part of showing leadership.
- Create your own!

STEP 3. Reflect on Similarities and Differences (2-3 min)

- After you have completed the questions you have time for, let students take a seat and review answers that stood out.
- Ask students, “Was there anything that surprised you during the activity?”
- Point out that, “You had many different thoughts and there was not a single right answer.”