

# May 2018

*Looking Forward: Next Steps on the  
Journey*



YEAR 1

# MAY THEME

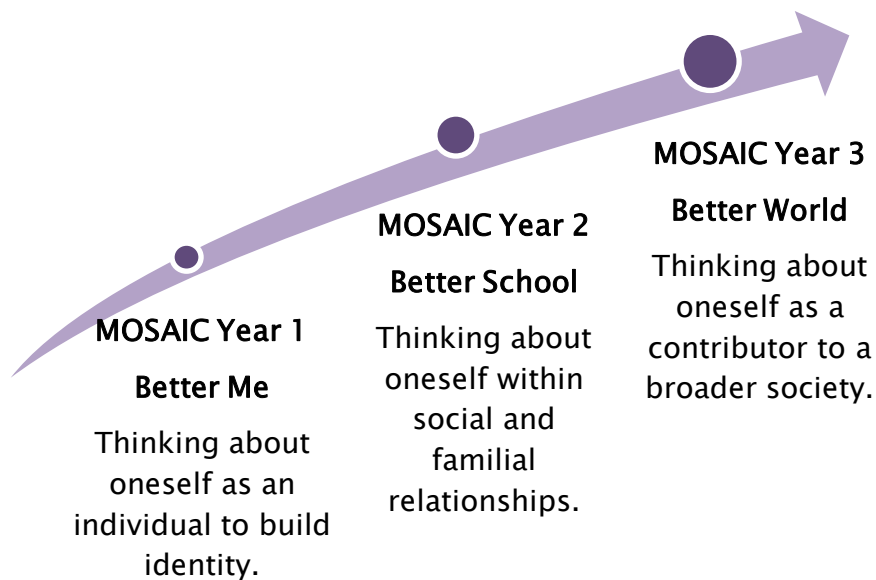
Looking Forward: Next Steps on the Journey

## MAY VIRTUE & SKILLS

**Virtue:**  
Positive Purpose

**Skills:**  
Communication and Problem Solving

## MOSAIC BY YEAR



# MOSAIC Virtues & Skills

## Positive Purpose

### Supporting Virtues

- 1) Constructive Creativity
- 2) Helpful Generosity
- 3) Optimistic Future-Mindedness
- 4) Responsible Diligence
- 5) Compassionate Forgiveness and Gratitude

### Supporting Skills

- 1) Emotional Regulation
- 2) Communication
- 3) Empathy
- 4) Social Problem Solving

## MOSAIC VIRTUES & SKILLS BY MONTH

| <b>MONTH</b>     | <b>THEME</b>  | <b>VIRTUE</b>                    | <b>SKILLS</b>                               |
|------------------|---|----------------------------------|---|
| <b>September</b> | <i>Why are we here: Finding Our Positive Purpose</i>                | Introduction to Positive Purpose | Communication & Social Problem Solving      |
| <b>October</b>   | <i>What Kind of Person Do I Want to Be?</i>                         | Virtue Identification            | Skill Identification                        |
| <b>November</b>  | <i>Making Ourselves, School, and World Better</i>                   | Constructive Creativity          | Communication & Social Problem Solving      |
| <b>December</b>  | <i>Giving Back to Ourselves, School, and World</i>                  | Helpful Generosity               | Communication & Social Problem Solving      |
| <b>January</b>   | <i>Planning for the Future</i>                                      | Optimistic Future-Mindedness     | Empathy & Social Problem Solving            |
| <b>February</b>  | <i>Showing Resilience and Overcoming Obstacles</i>                  | Responsible Diligence            | Emotion Regulation & Social Problem Solving |
| <b>March</b>     | <i>Appreciating Ourselves, Our School, and the World</i>            | Compassionate Gratitude          | Communication & Empathy                     |
| <b>April</b>     | <i>Connecting with Others and Being a Leader</i>                    | Compassionate Forgiveness        | Emotion Regulation & Empathy                |
| <b>May</b>       | <i>Looking Forward: Next Steps on the Journey</i>                   | Positive Purpose                 | Communication & Social Problem Solving      |
| <b>June</b>      | <i>Looking Back: What Have I Accomplished? What Have I Learned?</i> | All Virtues Summary              | All Skills Integrated                       |

# May Activity 2

## ***Positive Purpose Continued***

### *Days 2 to 4*

#### VIRTUE & SKILLS

Positive Purpose  
&  
Communication +  
Social Problem  
Solving

#### OBJECTIVE

Students will discuss what purpose means to them, what they think their purpose might be, and how to pursue that purpose in their future.

#### MATERIALS

- ❖ MOSAIC Journals
- ❖ May Throughline
- ❖ MOSAIC Projector Display: Principal Kafele

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#### TEACHER TIPS

1. *Students' understanding of purpose is expected to grow and change throughout their adolescence. Be sure to help students reflect on how their understanding of purpose has changed from when they began attending this school.*
2. *If students are having trouble sharing and listening in the MOSAIC Circle introduce "speaker power" by using an object, such as a talking stick, to be passed around the circle. The only person who should be talking is the person with the talking stick. It is also helpful to incorporate non-verbal communication tools into your MOSAIC Circle rules, such as snapping when you agree with something.*
3. *Be sure to highlight any display of problem solving or effective communication when appropriate.*

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### **Intro to Positive Purpose and Theme of Looking Forward**

**Day 2: Positive Purpose and Principal Kafele**

**Day 3: MOSAIC Circle**

**Day 4: Yes- No- Maybe and Throughline**

## Day 2: Positive Purpose and Principal Kafele

### STEP 1. Present Positive Purpose with Principal Kafele (4-5 min)



- Introduce the activity by saying to students, “This month we will be focusing on the theme of ‘Looking Forward: Next Steps on Your Journey,’ along with the virtue of Positive Purpose. We will begin by watching a video. Please take out your MOSAIC journals. As you are watching the video, please write down your reaction to the video, something important that was said, or something new that you learned.”
  - Play the video titled “What is your purpose?”: <https://www.youtube.com/watch?v=U98d6CQbz4s>. Video length is 2:53.
- NOTE: This video is also available on our website, <http://www.secdlab.org/teachers/> password: Mosaic2017

#### Only if unable to access video:

- Use **MOSAIC Projector Display: Principal Kafele Video**, and ask students to take turns reading the text aloud.

### STEP 2. Reflect on Video (2-3 min)

- Facilitate discussion about positive purpose.
- *Example Discussion Questions:*
  - Who can explain what Principal Kafele meant about having a definition and the words of the dictionary?
  - Why do you think having a sense of purpose is important?
  - Do you think it is always easy to know your purpose?

### STEP 3. THINK: Create a Personal Definition (2-3 min)



- Say to students, “Now look back in our MOSAIC Journals to your entries from September of this year.”
- “Keeping in mind your Positive Purpose that you wrote about in September, and the reaction you had when watching Principal Kafele’s video, take a few minutes to review and rethink your own personal definition of Positive Purpose. Write in your

**journals what you would say is your personal definition of Positive Purpose NOW. You will be asked to share your writing with a partner.”**

**STEP 4. PAIR–SHARE: Create a Shared Partner Definition (3-4 min)**

- Say, **“Turn to the person next to you and share your personal definition. As you work together, try to combine your ideas and agree on a shared definition. Be sure to write that definition in your MOSAIC notebook as a shared definition.”**
- Circulate and help students think about how their understanding of purpose has changed.
- Say, **“Tomorrow, we will get a chance to put our ideas together to form our class definitions of Positive Purpose. For now, you can put your MOSAIC notebook away.”**

## May Activity 2, Day 2

### Principal Kafele: What is Your Purpose?

Greetings, this is Principal Kafele. I just finished speaking to educators a few hours ago, changed my clothes, and I have a flight in about an hour or so.

But before I board that plane, I've got a message for you. And that message comes in the form of a question. And the question is: What is your purpose for walking into that classroom every day? Once again, young men and women, what is your purpose for walking into that classroom every day? Here's what I'm saying— you must have a purpose for walking into your classroom. You can't walk into your classroom mindlessly. You can't walk into your classroom aimlessly. You've got to have a specific reason for being there and that is to learn. That is to maximize your potential. You can connect your learning today with success in life, later on in the future.

Think about a dictionary. A dictionary is comprised of thousands of words and definitions. And as you scan through that dictionary, you will not find a word with a blank space next to it, meaning that it is undefined. Every word in that dictionary has a definition. That means every word in that dictionary has meaning.


Now let's transfer that back to your life. What I'm saying to you is that your life must have a definition; your life must have meaning. When you walk into that classroom you must have meaning, you must have purpose. Your purpose is your definition. Your purpose is your meaning for being in there. So you can't be in there and... you're mindless, you're aimless, you're drifting, you're not focused, you're not serious, you're not diligent, you're not disciplined, you're not resilient. Those things cannot happen. They cannot be your experience in the classroom.

Your experience must be that I am, in fact, serious, I am, in fact, focused, diligent, disciplined, and resilient, because my life has purpose. You have taken the time with the assistance of your teachers, the assistance of your parents, of other significant others, and determined who you are, defined who you are, determined your specific meaning for existing, your specific meaning for being in that classroom. You have got to walk in that very narrow path which I call your purpose for being. Make sure that when you walk into that classroom you are walking in your purpose every day. And throughout the period, throughout the day, you are walking in your purpose.

Enough said, young men and women. Let's go, let's do it, let's get it done, let's make it happen. This is Principal Kafele. Thanks for listening. Peace.

## Day 3: MOSAIC Circle

### STEP 1. Create a Shared Class Definition (4-5 min)

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- Say, “Yesterday, we came up with shared definitions of Positive Purpose. Who would like to volunteer their pair’s definition?”
    - Take 2–3 responses.
  - Say, “Now we are going to come up with a class definition of ‘Positive Purpose?’”
    - Use MOSAIC definition as guide. The definition should include these elements:
      - The individual aim or goal of a person; what a person is trying to do, become, etc. in life; a cause, principle, or idea they believe in, care about, and want to promote, such as justice or freedom.
    - Help them to see the difference between a goal and a purpose.
  - Say, “Please copy the class definition down in your MOSAIC journals.”

### STEP 2. Review Structure of MOSAIC Circle (2 min)

- Review the structure of a MOSAIC Circle, first introduced in November:
  - Say, “Gather in a circle around the classroom (or some other configuration that allows students to see one-another), either standing or sitting.
  - In order to begin discussing our positive purpose in life, we will be using a MOSAIC Circle. In a MOSAIC Circle, we will respond to a specific question, and everyone in our class will get a turn to share their thoughts and feelings.
  - Remember, our norms should include:
    - What is said in the MOSAIC Circle stays in the MOSAIC Circle
    - One person talks at a time (depending on the needs of your classroom, it be helpful to



incorporate “Speaker Power” tools, such as a talking stick).

- **Right to pass**—students do not need to answer the question if they do not want to.
- **No dialogue**—MOSAIC Circle is not a time for discussion; it is a time to share your own thoughts and feelings.”

### **STEP 3. Conduct MOSAIC Circle (8-10 min)**

- Say to students, **“Today in our MOSAIC Circle, we will each share: what you believe your positive purpose is, why it is important to you, and how you hope to pursue it. Before we take turns sharing in the circle, take a few moments to reflect on all three parts of your answer and write it down in your MOSAIC Journal.”**
- Example response:
  - I believe one of my purposes in life is to help others through medicine. This is important to me because I love science and helping others in need so I hope to use my strengths to pursue my purpose in the medical field by studying hard in school and always showing compassion towards others.
- NOTE: If it is difficult finish your discussion in the time allotted, ask students to write their thoughts down on a piece of paper (they can rip one out from their MOSAIC Journal) and hand it in to you for your review. You can then share common themes you saw in their responses with students in a future MOSAIC Class.

### **STEP 4. Reflect on Student Responses (1-2 min)**

- Reflect with students the common themes that came up in the MOSAIC Circles. Say, **“Positive purpose can mean many different things to different people and someone’s positive purpose can always grow and change. What matters most is our passion and dedication toward our positive purpose and toward a positive future.”**